

Personal Data

Name: Lily Nosraty
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Office: +35(8)503187645
Date of Birth: 21st of September 1970
Working Address: Gerontology Research Center and faculty of social Sciences (Health Sciences),
Tampere University, FIN-33014, Finland

Current employment

Post-doc researcher at Faculty of Social Sciences (Health Sciences), Tampere University and Gerontology Research Center

Accomplished degrees

Doctor of Philosophy (PhD) in the field of Health Sciences, Gerontology, 25th of May 2018, From Faculty of Social Sciences, University of Tampere

MSc. in Health Studies June 2004, From the University of the West of Scotland (formerly known as University of Paisley), Paisley

BSc. in Midwifery, December 1994, From Tabriz Azad University, Tabriz

Continued Educations and certificates

Teacher's pedagogical studies, 2014-2015

working projects

The Tampere Longitudinal study on Ageing (TamELSA) (Predictors of Mortality)
European LTC Network Project on disability trends review
Vitality 90+ (successful aging among the oldest old)

Awards and honors

Awarded the best PhD student of the year in 2013 at Tampere School of Health Sciences, Finland

Academic work experiences

Researcher with salaried position (01.08.2013-now) at Gerontology Research Center and at faculty of social Sciences (Health Sciences), University of Tampere, Finland

Lecturer at the Department of Community Medicine, Tabriz University of Medical Sciences, 14th of Dec. 2005 until 10th Feb. 2010

Coordinator of "The Center for Evidence Based Medicine (EBM)", Tabriz University of Medical Sciences, 14th of Dec. 2005 until the 10th of Feb. 2010.

Selected publications

Nosraty, L. (2018). Successful aging among the oldest old, Tampere University Press, Tampere
<http://urn.fi/URN:ISBN:978-952-03-0723-3>

Nosraty, L., Pulkki, J., Raitanen, J., Enroth, L., Jylhä, M. (2017). Successful Aging as a Predictor of Long-Term Care among Oldest Old: The Vitality 90+ Study, *Journal of Applied Gerontology*,
<https://doi.org/10.1177/0733464817716968>

Enroth, L., Aaltonen, M., Raitanen, J., Nosraty, L., Jylhä, M. (2017). Does use of long-term care differ between occupational classes among the oldest old? *Vitality 90+ Study*, *European Journal of Ageing*, 15 (2): 143-153.
<https://doi.org/10.1007/s10433-017-0445-0>

Nosraty, L., Jylhä, M., Raittila, T., & Lumme-Sandt, K. (2015). Perceptions by the oldest old of successful aging, *The vitality 90 + study*. *Journal of Aging Studies*, 32(0), 50-58.
doi: <http://dx.doi.org/10.1016/j.jaging.2015.01.002>

Nosraty, L., Enroth, L., Raitanen, J., Hervonen, A., & Jylhä, M. (2014). Do successful agers live longer? *The vitality 90+ study*. *Journal of Aging and Health*, 27(1):35-53.
doi:10.1177/0898264314535804

Nosraty, L., Sarkeala, T., Hervonen, A., & Jylhä, M. (2012). Is there successful aging for nonagenarians? *The vitality 90+ study*. *Journal of Aging Research*, 868797.
doi:10.1155/2012/868797; 10.1155/2012/868797

Enroth, L., Raitanen, J., Hervonen, A., Nosraty, L., & Jylhä, M. (2015). Is socioeconomic status a predictor of mortality in nonagenarians? *The vitality 90+ study*. *Age and Ageing*, 44(1), 123-129.
doi:10.1093/ageing/afu092

Sadeghi-Ghyassi, F., Nosraty, L., Ghोजazadeh, M., & Mostafaie, A. (2013). Evidence databases application: Comparison of university faculties versus clinical residents in a developing country. *Journal of Evaluation in Clinical Practice*, 19(2), 292-297. doi:10.1111/j.1365-2753.2012.01821.x

Nosraty L., Hajebrahimi S. and Gafari Kobnasab M. (2005). What is Evidence Based Medicine?, *Clinic*, 8,1-2

Selected presentations in international conference proceedings

“Predictive validity of successful aging's models - associations with survival and long-term care” The 24th Nordic congress of Gerontology, 2-4 May, 2018, Oslo, Norway

“Successful aging as predictor of long-term care among oldest old, The Vitality 90+” study”^{23RD} Nordic congress of Gerontology, 20-22 Jun, 2016, Tampere, Finland

“Successful Ageing from two perspectives - The Vitality 90+ Study” 8th International Aging Association of Gerontology and Geriatrics, European Region meeting, 23-26 April, 2015, Dublin

“Examining the efficacy of weekly regular meetings as a training method on learning EBM topics in a developing country”, Asian Pacific Evidence Based Medicine Network conference, 2007, Department of Health, 16-18th Nov. 2007, Taiwan.

“Evidence based Medicine and Justice: The Impact of EBM up on Elderly People”, Asian Pacific Evidence Based Medicine Network conference, 2007, Department of Health, 16-18th Nov. 2007, Taiwan.

“Efficacy of conducting Evidence Based Medicine workshops by self-learning tutors to increase the knowledge of the participants in a developing country”, Asia Pacific EBM Network Conference, 2006, School of Public Health, Faculty of Medicine, The Chinese University of Hong Kong, 8-10th Dec. 2006, Hong Kong.

“Health Checkup over 75's, a lesson from NHS”. 10th Student's Research Seminar in Europe, 5-6 July 2003, Glasgow, UK.

Previous and recent Grants and Positions

Post doc position 1.05.2018 until the end of Dec. 2018 at Gerontology Research Center and Faculty of social Sciences (Health Sciences), University of Tampere

Salaried position 31.01.2017 until the 31.04.2018 at Gerontology Research Center and Faculty of Social Sciences (Health Sciences), University of Tampere

Salaried position (01.08.2013-31.01.2017) faculty of Social Sciences (Health Sciences), University of Tampere

Salaried position, Department of Health Sciences in Tampere University, from 01.08.2013 until 31.01.2016

EVO Grant, By Pirkanmaan sairaanhoitopiiri, TAYS, 5 months, Feb.-Jun. 2013

Salaried position of DPPH (Doctoral Programs in Public Health) by Ministry of Education for 7 months, Jun-Dec 2012

Graduate School Grant, “Ageing, well-being and technology”, for 3 months, Oct.–Dec. 2011

CIMO Grant for 9 months (10800 Euro), Feb.-Sep. 2011

Peer reviewer for Scientific Journals

BMC Geriatrics, International Journal of Aging and Human Development, Medical Research Archives, Advances in Research, BMJ open, The Gerontologist